

Lunar Cycle for 2021



Patient: _____

New Moon ● to Full Moon ○

Full Moon ○ to New Moon ●

January	1	2	3	4	5	6	7	8	9	10	11	12	New ●	14	15	16	17	18	19	20	21	22	23	24	25	26	27	Full ○	29	30	31
February	1	2	3	4	5	6	7	8	9	10	New ●	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	Full ○	28	29		
March	1	2	3	4	5	6	7	8	9	10	11	12	New ●	14	15	16	17	18	19	20	21	22	23	24	25	26	27	Full ○	29	30	31
April	1	2	3	4	5	6	7	8	9	10	New ●	12	13	14	15	16	17	18	19	20	21	22	23	24	25	Full ○	27	28	29	30	
May	1	2	3	4	5	6	7	8	9	10	New ●	12	13	14	15	16	17	18	19	20	21	22	23	24	25	Full ○	27	28	29	30	31
June	1	2	3	4	5	6	7	8	9	New ●	11	12	13	14	15	16	17	18	19	20	21	22	23	Full ○	25	26	27	28	29	30	
July	1	2	3	4	5	6	7	8	New ●	10	11	12	13	14	15	16	17	18	19	20	21	22	Full ○	24	25	26	27	28	29	30	31
August	1	2	3	4	5	6	7	New ●	9	10	11	12	13	14	15	16	17	18	19	20	21	Full ○	23	24	25	26	27	28	29	30	31
September	1	2	3	4	5	New ●	7	8	9	10	11	12	13	14	15	16	17	18	19	Full ○	21	22	23	24	25	26	27	28	29	30	
October	1	2	3	4	5	New ●	7	8	9	10	11	12	13	14	15	16	17	18	19	Full ○	21	22	23	24	25	26	27	28	29	30	31
November	1	2	3	New ●	5	6	7	8	9	10	11	12	13	14	15	16	17	18	Full ○	20	21	22	23	24	25	26	27	28	29	30	
December	1	2	3	New ●	5	6	7	8	9	10	11	12	13	14	15	16	17	Full ○	19	20	21	22	23	24	25	26	27	28	29	30	31

Based on Eastern Standard Time

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